



# Why make a retreat?

Making an annual retreat — a couple of days spent in silence, prayer, and reflection — involves a sacrifice for nearly all busy people. Who has the time? Nonetheless, every year countless busy people make the time for a retreat, as they make the time for anything else important in their lives. Why do people like this enjoy a well-made retreat and see it as a valuable investment to refresh their spirit? Year after year, what do they gain from the experience of a retreat?

- ❖ A more intimate friendship with Jesus Christ through prayer and reception of the sacraments
- ❖ A clearer perspective on the course of their lives — past, present, and future
- ❖ An insight to what needs improvement in their family and professional lives
- ❖ A stronger self-knowledge gained through spiritual direction
- ❖ A return to everyday life with a greater sense of joyful confidence in God



*“Days on retreat. Recollection in order to know yourself and thus to make progress. A necessary time for discovering where and how you should change your life. ~ What should I do? What should I avoid?”*  
-St. Josemaría Escrivá, Founder of Opus Dei

## Retreats for Women

### WEEKEND: THURSDAY, 8PM – SUNDAY 3PM

**COST:** \$400

- Dec 1 – 4, 2011
- Feb 23 – 26, 2012\*
- March 22 – 25
- April 19 – 22
- May 3 – 6
- May 10 – 13

### MIDWEEK: MONDAY, 5PM – THURSDAY 10AM

**COST:** \$340

- April 2 – 5, 2012
- April 16 – 19
- April 30 – May 3
- May 7 – 10

### COLLEGE: FRIDAY, 8PM – SUNDAY 3PM

**COST:** \$120

- Oct 21 – 23, 2011
- Nov 4 – 6
- Jan 13 – 15, 2012

### HIGH SCHOOL: FRIDAY, 8PM – SUNDAY 3PM

**COST:** \$120

- Nov 18 – 20, 2011
- Dec 2 – 4
- Feb 3 – 5, 2012
- April 20 – 22

\*Takes place in the Courthouse building. Cost is \$250.

## Retreats for Men

### WEEKEND: THURSDAY, 9PM – SUNDAY 1:30PM

**COST:** \$400

- February 9 – 12, 2012\*
- March 1 – 4\*\*
- March 15 – 18
- April 12 – 15
- April 27 – 29 (Fri. 5 pm to Sun. 1:30 pm)\*\*\*
- May 17 – 20

### MIDWEEK: MONDAY, 5PM – THURSDAY 9:30AM

**COST:** \$340

- March 12 – 15, 2012
- May 14 – 17

### COLLEGE: FRIDAY, 9PM – SUNDAY 2PM

**COST:** \$120

- November 10 – 13, 2011
- January 27 – 29, 2012
- February 10 – 12

### HIGH SCHOOL: FRIDAY, 9PM – SUNDAY 2PM

**COST:** \$120

Please call Chestnut Hill Center, in Chestnut Hill, MA for information on the High School retreats for men: 617-738-7348

\* Special price for this retreat only: \$325

\*\* Special price for this retreat only: \$350

\*\*\* Dinner is served at 6:15 PM on Friday. Cost is \$325.

People unable to afford the full fee for a retreat are asked to pay what they can when they can. Arnold Hall is owned and operated by Arnold Hall, Inc., a Massachusetts nonprofit corporation. The retreats are conducted by priests of Opus Dei, a personal Prelature of the Catholic Church.

Please print clearly. See mailing instructions on reverse.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE ( ) \_\_\_\_\_ h w c

ALT. PHONE ( ) \_\_\_\_\_ h w c

E-MAIL \_\_\_\_\_

AFFILIATED CENTER (IF KNOWN)  
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### PREFERRED RETREAT DATES

1ST CHOICE \_\_\_\_\_

2ND CHOICE \_\_\_\_\_

\$50 NON-REFUNDABLE DEPOSIT ENCLOSED  
(PAYABLE TO ARNOLD HALL, INC.)

FULL PAYMENT ENCLOSED \$ \_\_\_\_\_

I PLAN TO BRING AN INFANT.

SPECIAL NEEDS (DIET, ETC.) – PLEASE EXPLAIN  
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OFFICE USE ONLY

Date Received \_\_\_\_\_