

Fundamentals

The Art of Living fundamentals offers girls in high school the opportunity to develop practical skills in the *fundamentals* of creating a home.

The hands-on program also includes mentoring and a brief, interactive philosophy class on the meaning behind the action.

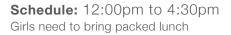
Each session builds on the one before. Plan to attend all eight sessions!

Arnold Hall Conference Center

One Randall St. Pembroke, MA 02359

Tel: 781.826.6477 www.arnoldhall.com





Cost: \$80 for all eight sessions. Mail checks made payable to Arnold Hall.

Additional Siblings pays \$45.



Patti Mochan at (781) 635-9865 Maura Martinez at (347) 802-5856



The spiritual and doctrinal formation of the programs at Arnold Hall Conference Center are entrusted to Opus Dei, a personal prelature of the Catholic Church.