

# The Art of Living



## Kickstart

The Art of Living **Kickstart** offers girls in 7th and 8th grades the opportunity to get a jump on their culinary and home arts skills.

The program is a hands-on, skills-building experience including formation in service, faith and friendship.

Each session builds on the one before.  
Plan to attend all nine sessions!

**Arnold Hall Conference Center**  
One Randall St.  
Pembroke, MA 02359

**Tel: 781.826.6477**  
**[www.arnoldhall.com](http://www.arnoldhall.com)**

Year Program

**2018** Oct. 06  
Nov. 03  
Dec. 01

**2019** Jan. 05  
Feb. 02  
Mar. 02  
Abr. 06  
May. 04

**Schedule:** 1:00pm to 3:30pm

**Cost:** \$90 for all nine sessions.

Mail checks made payable to Arnold Hall.

**Additional Siblings pays \$45.**



**To Register contact:**

Patti Mochan at (781)635-9865 or

Katie Bruin at (202)256-0103

The spiritual and doctrinal formation of the programs at Arnold Hall are entrusted to Opus Dei, a personal prelature of the Catholic Church.